

# 2025 Supplemental Meal Benefit Frequently Asked Questions (FAQ)

## **Background Information**

Clever Care has two meal benefit options for 2025: meals for chronic conditions and post-discharge meals. Please make sure to refer to the Evidence of Coverage (EOC) for details on the specific benefit.

Plan	Benefit Description
Post-discharge meals	\$0 copay for 84 Meals per year (3 meals per day for 28 days) are available to members following an inpatient hospital or skilled nursing facility stay.  NOTE: Outpatient surgery visits are excluded.
Meals for Chronic Conditions (Special Supplemental Benefit for the Chronically III)	<ul> <li>\$0 copay for 42 meals per year (3 meals per day for 14 days) are available to members ONLY in Longevity and Total+ plans when participating in the plan's care management program and the member has a confirmed chronic condition including:         <ul> <li>Autoimmune disorders</li> <li>Chronic lung Disorders</li> <li>Cancer (excluding pre-</li></ul></li></ul>
	mental health conditions o Severe hematologic disorders  o Chronic heart failure o Stroke

#### Who is our meal vendor?

 Performance Kitchen – They provide a line of fresh-frozen meals. It focuses on using minimally processed clean ingredients, whole grains, healthy fats, herbs, and spices to flavor while limiting sodium and sugar.

#### • Do all Clever Care members have the benefit?

- o Post-discharge meals are available for all plans.
- Meals for chronic condition benefits are only available in Longevity and Total+ plans if the member meets the defined criteria.

### How does a member request meal benefit?

- Post-discharge meals: The member requests the benefit directly by calling Performance Kitchen at 844-607-0676, M-F 9 am – 5 pm PST (voicemail is available for after hours) or Email: info@performancekitchen.com. If the member calls into customer service or case management, there will be a warm transfer to Performance Kitchen
- Meals for Chronic Conditions: The member may request a meal by calling Clever Care member services. Member services will then notify Clever Care's utilization management team.

## Can a request be placed on behalf of the member?

 Yes, to request a referral on behalf of the member, contact member services. A POA or authorization will need to be on file if it is not a member.

# How does a member qualify for post-discharge meals?

 Post-discharge meals are intended to be provided immediately (i.e., within a couple of days) following the discharge from an inpatient hospital or skilled nursing facility.

# • How does a member qualify for the Meals for Chronic Conditions?

 Meals for chronic conditions are for those who have a qualifying chronic condition and are enrolled in Clever Care's case management program.

# Are the meals ethnically/culturally sensitive?

 Yes. Performance Kitchen offers a wide range of meal choices including Asian cuisines. Meals are also contingent upon the recommended diet for the member.
 Some examples of Asian-focused meals are Vietnamese Style Beef Pho, Great Karma Coconut Curry Plant Bowl, Shakshuka Breakfast Bowl, Kung Pao Chicken, Korean Style Japchae, Korean Style Beef Bibimbap Bowl, and more.

### What is the process once the request is received?

 For chronic condition meals Clever Care's utilization management will create the authorization request in EzCap, which will then trigger a file to Performance Kitchen if the auth is approved.

## What is the vendor's process?

 Once the request is received, Performance Kitchen will contact the member to confirm the delivery address, dietary restrictions, and the ability to receive and store an appropriate number of meals.

#### How are the meals delivered?

 Shipping takes 1-2 days after the request has been received and when the order is placed before 8 am PST depending upon the address. The address must include specific instructions (e.g., gate codes) to ensure a smooth delivery. Meals are delivered via FEDEX (subject to change).

## • What if the meals are damaged (e.g., seal broken or not enough coolant)?

o Members should notify Performance Kitchen. Performance Kitchen will then replace the meals at no cost to the member or to Clever Care.

### What is Performance Kitchen's customer service number and hours of operation?

844-607-0676, 8 am - 5 pm PST; voicemail is 24/7

# What if the box is too heavy to carry inside?

o If the box is too heavy for the member to carry, the member is instructed to leave the box outside and open the package to remove the individual meals.