

Calendar of Event

Every day Lunch Break 1-2PM

Clever Care Community Center 9600 Bolsa Avenue, Suite D

DECEMBER 2024

MON	TUE	WED	THU	FRI	SAT
Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	Tai Chi 9:30AM-10:30AM Art of Spine and Joint Movement (ASJM) 10:45AM-12:00PM Qigong 3:30PM-5PM	4 2025 CCHP Benefit Consult 9:30AM-10:30AM	yoga 9:30AM-11AM Medi-Cal/ CalFresh Sign up 9:30AM-12:30PM Qigong 3:30PM-5PM	Golden Crane Qigong 3:30PM-4:30PM	7 Open 9-4 pm
Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	10 Tai Chi 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM	11 2025 CCHP Benefit Consult 9:30AM-10:30AM	Yoga 9:30AM-11AM Medi-Cal/ CalFresh Sign up 9:30AM- 12:30PM Brain Health Workshop 11AM-12:30PM Qigong 3:30PM-5PM	Line Dance 9:30AM-10:30AM Golden Crane Qigong 3:30PM-4:30PM	14 Closed
Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	17 Tai Chi 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM	18 Christmas Ornament Arrangement 10AM-12:30PM December Birthday 2PM-3PM	Yoga 9:30AM-11AM Medi-Cal/ CalFresh Sign up 9:30AM-12:30PM Qigong 3:30PM-5PM	Line Dance 9:30AM-10:30AM Golden Crane Qigong 3:30PM-4:30PM	21 Closed
Yoga Meditation 9:30AM-11AM Christmas Celebration 1:30PM-3PM Qigong 3:30PM-5PM	OFFICE CLOSED FOR CHRISTMAS EVE	OFFICE CLOSED FOR CHRISTMAS	Yoga 9:30AM-11AM Medi-Cal/CalFresh Sign up with the Cambodian Family 9:30AM-12:30PM Qigong 3:30PM-5PM	27 <u>Line Dance 9:30AM-10:30AM</u> Golden Crane Qigong 3:30PM-4:30PM	28 Closed
Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	31 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM				