



Calendar of Events

Clever Care Community Center

9600 Bolsa Avenue, Suite D/I

Every day Lunch Break 1-2PM

OCTOBER 2024

MON	TUE	WED	THU	FRI	SAT
	1 Tai Chi 9:30AM-10:30AM Art of Spine and Joint Movement (ASJM) 10:45AM-12:00PM Qigong 3:30PM-5PM	2 Medicare 101 9:30AM-10:30AM	3 Yoga 9:30AM-11AM Medi-cal/CalFresh Sign up with the Cambodian Family 9:30AM-12:30PM Caregiver Alzheimer Seminar 11:30AM - 12:30PM Qigong 3:30PM-5PM	4 <u>Line Dance 9:30AM-10:30AM</u> Golden Crane Qigong 4PM-5PM	5 Open 9-4 pm
7 Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	8 Tai Chi 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM	9 <u>Line Dance 9:30AM-10:30AM</u> 2025 CCHP Benefit Presentation 11AM-12:30PM Medicare 101 2:30PM-3:30PM	10 Yoga 9:30AM-11AM Medi-cal/CalFresh Sign up with the Cambodian Family 9:30AM-12:30PM Brain Health Seminar 11AM-12:30PM	11 Golden Crane Qigong 4PM-5PM	12 Open 9-4 pm
14 Yoga Meditation 9:30AM-11AM Mercy Health Vaccinations 10AM-12PM Qigong 3:30PM-5PM	15 Tai Chi 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM	16 Medicare 101 9:30 AM-10:30AM October Birthday 2PM-3PM 2025 CCHP Benefit Presentation 3:30PM-4:30PM	17 Yoga 9:30AM-11AM Medi-cal/CalFresh Sign up with the Cambodian Family 9:30AM-12:30PM Qigong 3:30PM-5PM	18 <u>Line Dance 9:30AM-10:30AM</u> Golden Crane Qigong 3:30PM-5PM	19 Open 9-4 pm
21 Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	22 Tai Chi 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM	23 Medicare 101 9:30AM-10:30AM	24 Yoga 9:30AM-11AM Medi-cal/CalFresh Sign up with the Cambodian Family 9:30AM-12:30PM Qigong 3:30PM-5PM	25 <u>Line Dance 9:30AM-10:30AM</u> Golden Crane Qigong 4PM-5PM	26 Open 9-4 pm
28 Yoga Meditation 9:30AM-11AM Qigong 3:30PM-5PM	29 Tai Chi 9:30AM-10:30AM ASJM Class 10:45AM-12:00PM Qigong 3:30PM-5PM	30 Medicare 101 9:30AM-10:30AM	31 Yoga 9:30AM-11AM Medi-cal/CalFresh Sign up with the Cambodian Family 9:30AM-12:30PM Qigong 3:30PM-5PM		

For accommodations of persons with special needs at meetings, call 1-833-388-8168 (TTY: 711). Free gift without obligation to enroll. Available while supplies last.

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