

January 2026

Calendar of Events

Su	Mon	Tue	Wed	Thu	Fri	Sa
				1 CLOSED FOR THE HOLIDAY	2 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	3
4	5 Clever Care Benefits 9:30 am - 4:30 pm Yoga 10 – 11 am <i>Lunch Break 1 - 2 pm</i>	6 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Tal Chi 3 – 4 pm	7 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	8 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Folk Dance 2:30 – 3:30 pm	9 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	10
11	12 Clever Care Benefits 9:30 am - 4:30 pm Yoga 10 – 11 am <i>Lunch Break 1 - 2 pm</i>	13 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Mental Health Workshop: Depression 2 – 3 pm Tal Chi 3 – 4 pm	14 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	15 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Folk Dance 2:30 – 3:30 pm	16 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	17
18	19 CLOSED FOR THE HOLIDAY	20 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Tal Chi 3 – 4 pm	21 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Member Birthday 2-3 pm Health Seminars with GHC Dental Health 3-4 pm	22 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Folk Dance 2:30 – 3:30 pm	23 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	24
25	26 Clever Care Benefits 9:30 am - 4:30 pm Yoga 10 – 11 am <i>Lunch Break 1 - 2 pm</i>	27 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Tal Chi 3 – 4 pm	28 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	29 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i> Folk Dance 2:30 – 3:30 pm	30 Clever Care Benefits 9:30 am - 4:30 pm <i>Lunch Break 1 - 2 pm</i>	31

For accommodation of persons with special needs at meetings, call 1-833-388-8168 (TTY: 711). Free gift without obligation to enroll. Available while supplies last.