

January 2026 Calendar of Events

Su	Mon	Tue	Wed	Thu	Fri	Sa
				1 CLOSED FOR THE HOLIDAY	2 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	3
4	5 Clever Care Benefits 9:30 am - 4:30 pm Yoga 10 – 11 am Lunch Break 1 - 2 pm	6 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Tai Chi 3 – 4 pm	7 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	8 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	9 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	10
11	12 Clever Care Benefits 9:30 am - 4:30 pm Yoga 10 – 11 am Lunch Break 1 - 2 pm	13 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Mental Health Workshop: Depression 2 – 3 pm Tai Chi 3 – 4 pm	14 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	15 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	16 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	17
18	19 CLOSED FOR THE HOLIDAY	20 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Tai Chi 3 – 4 pm	21 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Member Birthday 2-3 pm Health Seminars with GHC Dental Health 3-4 pm	22 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	23 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	24
25	26 Clever Care Benefits 9:30 am - 4:30 pm Yoga 10 – 11 am Lunch Break 1 - 2 pm	27 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Tai Chi 3 – 4 pm	28 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	29 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	30 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	31

For accommodation of persons with special needs at meetings, call 1-833-388-8168 (TTY: 711). Free gift without obligation to enroll. Available while supplies last.