Clever Care HEALTH PLAN

Clever Care Community Center
117 W. Garvey Ave. #C, Monterey Park
Calendar of Events

July
24

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Clever Care Benefits 10:00-11:00 Qi Gong Class 14:00 -15:00	**2** Clever Care Benefits10:00-11:00 Folk Dance 14:00 -15:00	**3** Clever Care Benefits 10:00-11:00 Celebration of the 4th of July 14:00 -15:00	**4** July 4 Celebration Closed	**5** Acupuncture Seminar Dizziness and headaches should not be ignored 10:00 -11:00 Yoga 14:30-15:30	**6**
7	**8** Clever Care Benefits 10:00-11:00 Qi Gong Class 14:00 -15:00	**9** Clever Care Benefits10:00-11:00 Folk Dance 14:00 -15:00	**10** Clever Care Benefits 10:00-11:00 Clever Care Benefits 14:00 -15:00	**11** Acupuncture Seminar Age-related cataracts 10:00 -11:00 Tai Chi 15:30-16:30	**12** Clever Care Benefits 10:00-11:00 Yoga 14:30 -15:30	**13**
14	**15** Clever Care Benefits 10:00-11:00 Qi Gong Class 14:00 -15:00	**16** Clever Care Benefits 10:00 -11:00 Folk Dance 14:00-15:00 Preserving Your Memory – 15:00 – 16:00	**17** Clever Care Benefits 10:00 -11:00 Member Birthday 14:00 – 15:00 Smart Phone Class 15:00 – 16:00 Summer regimen 16:00 – 16:300	**18** Clever Care Benefits 10:00 -11:00 Tai Chi 15:30-16:30	**19** Clever Care Benefits 10:00 -11:00 The importance of the regular dental check up and cleaning. 15:00 – 16:00 Yoga 14:30-15:30	**20**
21	**22** Clever Care Benefits 10:00-11:00 Qi Gong Class 14:00 -15:00	**23** Clever Care Benefits10:00-11:00 Folk Dance 14:00 -15:00	**24** Clever Care Benefits 10:00-11:00 Clever Care Benefits 14:00 -15:00	**25** Clever Care Benefits 10:00 -11:00 Tai Chi 15:30-16:30	**26** Clever Care Benefits 10:00-11:00 Yoga 14:30 -15:30	**27**
28	**29** Clever Care Benefits 10:00-11:00 Qi Gong Class 14:00 -15:00	**30** Clever Care Benefits10:00-11:00 Folk Dance 14:00 -15:00	**31** Clever Care Benefits 10:00-11:00 Clever Care Benefits 14:00 -15:00			

For accommodations of persons with special needs at meetings, call 1-833-388-8168 (TTY: 711). Free gift without obligation to enroll. Available while supplies last.
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