

## December 2025

### Calendar of Events

Mon	Tue	Wed	Thu	Fri	Sat
1 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Yoga 3:30 – 4:30 pm	2 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Mental Health Workshop: Hoarding 2 – 3 pm Tal Chi 3 – 4 pm	3 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	4 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	5 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	6 Clever Care Benefits 9 am - 4 pm Lunch Break 12:30 - 1 pm
8 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Yoga 3:30 – 4:30 pm	9 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Tal Chi 3 – 4 pm	10 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	11 Clever Care Benefits 9:30 am - 4:30 pm Winter Tonification for Kidney Health 10:00-11:00 am Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	12 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	13
15 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Yoga 3:30 – 4:30 pm	16 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Mental Health Workshop: Knowing the scams, don't be a Victim 2 – 3 pm Tal Chi 3 – 4 pm	17 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Member Birthday 2-3 pm	18 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Folk Dance 2:30 – 3:30 pm	19 Clever Care Benefits 9:30 am - 4:30 pm Mammogram Screening 9 am - 3 pm Lunch Break 1 - 2 pm	20
22 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Yoga 3:30 – 4:30 pm	23 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Tal Chi 3 – 4 pm	24 CLOSED FOR CHRISTMAS	25 CLOSED FOR CHRISTMAS	26 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm	27
29 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Yoga 3:30 – 4:30 pm	30 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm Tal Chi 3 – 4 pm	31 Clever Care Benefits 9:30 am - 4:30 pm Lunch Break 1 - 2 pm			

For accommodation of persons with special needs at meetings, call 1-833-388-8168 (TTY: 711). Free gift without obligation to enroll. Available while supplies last.